

HEALTHY HOME RENOVATION AUDIT

checklist



- ☐ **INDOOR AIR QUALITY ASSESSMENT**
Check for sources of indoor air pollution such as VOCs, mold, and dust. Ensure proper ventilation is in place.
- ☐ **NON-TOXIC PAINT USAGE**
Confirm that all paints used are VOC-free or low-VOC to minimize harmful emissions.
- ☐ **SUSTAINABLE INSULATION MATERIALS**
Verify that insulation is made from sustainable and non-toxic materials, such as cellulose or wool.
- ☐ **ENERGY-EFFICIENT WINDOWS**
Ensure windows are double or triple-glazed to improve energy efficiency and reduce drafts.
- ☐ **WATER CONSERVATION FIXTURES**
Check for the installation of low-flow toilets, faucets, and showerheads to reduce water usage.
- ☐ **ECO-FRIENDLY FLOORING**
Assess flooring materials to ensure they are made from sustainable, non-toxic sources like bamboo or cork.
- ☐ **ENERGY-EFFICIENT LIGHTING**
Confirm the use of LED or CFL bulbs throughout the home to reduce energy consumption.
- ☐ **SAFE ELECTRICAL WIRING**
Ensure that electrical systems are up to code and free from hazardous materials like lead-based solder.
- ☐ **SUSTAINABLE CABINETS**
Check that kitchen and bathroom cabinets are made from certified sustainable wood and use non-toxic finishes.
- ☐ **LOW-VOC ADHESIVES AND SEALANTS**
Verify that all adhesives and sealants used are low-VOC to reduce indoor air pollution.



☐ NATURAL VENTILATION

Ensure the home has sufficient natural ventilation, such as operable windows and vents, to maintain good air quality.



☐ NON-TOXIC COUNTERTOPS

Assess countertops for materials that are free from toxic resins and chemicals, such as recycled glass or natural stone.



☐ RECYCLED BUILDING MATERIALS

Assess the use of recycled or reclaimed materials in the renovation to reduce waste.



☒ WATER FILTRATION SYSTEMS

Confirm the installation of water filtration systems to provide clean, safe drinking water.



☐ MOLD RESISTANT MATERIALS

Check for the use of mold-resistant drywall, paint, and other materials in moisture-prone areas.



☐ HYPOALLERGENIC BEDDING AND UPHOLSTERY

Ensure that all bedding and upholstery materials are hypoallergenic to reduce allergens in the home.



☐ NATURAL FIBER CARPETTING

Verify that carpets are made from natural fibers, such as wool or jute, and are free from harmful chemicals.



☐ ENERGY EFFICIENT HVAC SYSTEM

Confirm that the HVAC system is energy-efficient and properly maintained to improve indoor air quality.



☐ SOLAR ENERGY INTEGRATION

Check for the integration of solar panels or other renewable energy sources to reduce the home's carbon footprint.



☐ LEAD-FREE PLUMBING

Ensure that all plumbing materials are lead-free and safe for drinking water.





HEALTHY LIGHTING DESIGN

Confirm that lighting design includes natural light sources and is conducive to healthy circadian rhythms.



PET SAFE HOME FEATURES

Ensure that the home includes safe materials and spaces designed specifically for pets, such as non-toxic flooring.



ALLERGEN-REDUCING WINDOW TREATMENTS

Verify that window treatments are easy to clean and reduce the accumulation of dust and allergens.



NON-TOXIC FURNITURES

Check that all furniture used is made from non-toxic materials and does not emit harmful chemicals.



SUSTAINABLE LANDSCAPING

Assess the use of native plants and sustainable landscaping practices to reduce water usage and promote a healthy environment.



ECO-FRIENDLY ROOFING

Ensure the roof is made from sustainable, energy-efficient materials, such as metal or recycled shingles.



RADON TESTING

Confirm that the home has been tested for radon, a harmful radioactive gas, and that mitigation systems are in place if necessary.



PEST-RESISTANT DESIGN

Verify that the home's design includes features to reduce the likelihood of pest infestations without relying on toxic chemicals.



SAFE AND SUSTAINABLE CLEANING PRODUCTS

Ensure that only non-toxic, environmentally friendly cleaning products are used in the home.



ERGONOMIC AND ACCESSIBLE DESIGN

Assess the home's design for features that promote comfort, safety, and accessibility, reducing the risk of injury or strain.



Healthy Renovation



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